

# Track & Field History

## 2008-2009

The Men's Track and Field team finished the season with a silver medal at the OUA Championships and a bronze medal finish at the CIS Championships. At the OUA's, the Gryphons equaled their best ever finish as they finished runner-up to a strong Windsor Lancer team. They were carried by their traditional strengths in distance running and throws. The distance runners put on a dominating performance, sweeping the 3000m as Derek Snider (Lindsay, ON) grabbed the gold medal while Kyle Boorsma (Guelph, ON) and Allan Brett (Ottawa, ON) were second and third respectively. Boorsma also grabbed a gold medal in the 1500m while Brett finished third. The Gryphons earned three other medals as Guyson Kuruneri (Guelph, ON) finished second in Long Jump; Josh Roundell (Ottawa, ON) grabbed the silver in the 1000m and the team of Allan Brett, Rob Jackson (Guelph, ON) Josh Roundell and Kyle Boorsma was second in the 4 x 800m relay. All of the medalists earned OUA All-Star honours. Kyle Boorsma was named the OUA Men's Track Events MVP and rookie Rob Jackson was named the Male Student-Athlete Community Service Award recipient. At the CIS Championships, the Gryphon men finished third with 57.5 points. The team tallied a total of five medals. Kyle Boorsma was named a First and Second Team All-Canadian with a gold medal finish in the 3000m and a silver medal in the 1500m. Meanwhile, Allan Brett and Dustin McCrank (Haileybury, ON) were Second Team All-Canadians with silver medals in the 3000m and Weight Throw events, respectively. Derek Snider rounded out the podium finishes with a bronze in the 3000m.

Gavin Abrahamson 1L	Jordan Cote 2L	Robert Koziarski 3L	Daryl Robertson 2L
Brian Baker 1L	Andrew Debus -4	Guyson Kuruneri 3L	Josh Roundell 4H
Vuk Bogunovic 1L	Dustin Gamble 4H	Chris Liseron-Monfils 3L	Derek Snider 5L
Kyle Boorsma 3L	Cornell Haynes 3L	Patrick Mallory 1L	Gavin Swan 2L
Allan Brett 1L	Tim Hendry 1L	Dustin McCrank 3L	Matt Teed-Arthur 1L
Matthew Brunsting 4H	Kevin Honig 2L	Cody Murray 3L	Richard Vaughan 3L
Lane Clark 1L	Rob Jackson 1L	Thom Palmer 1L	John Worden 2L
Andrew Cliff 1L	Kyle Killam -4	John Parrott 4H	

It was another incredible season for the Gryphon Women's Track and Field team. At the OUA Championships, the team captured their first ever OUA Track and Field title. The Gryphons were led by their incredible sophomore Lindsay Carson (Cambridge, ON) who captured the 1500 and 3000m titles, while finishing runner up in the 1000m. Carson was joined as an OUA champion by two athletes including fifth year thrower, Steph Jackson (London, ON) and rookie Miana Griffiths (Oakville, ON) in the Shot Put and 60m events, respectively. Each of these champions was named OUA All-Stars and Carson was named the Most Valuable Female Performer while Dave Scott Thomas was named the OUA Women's Coach of the Year. Other OUA All-Stars were Sarah Peirce (Aurora, ON) and Shaneista Haye (Brampton, ON) who won silver medals in the 60m and High Jump events. The Gryphons finished with a total of 11 OUA medals. The 2009 CIS Women's Championships will be remembered as one of the closest and most exciting in recent memory. The defending champion Gryphons came into the meet as the top ranked team in the country with the Windsor Lancers right behind them in second. The two teams battled back and forth at the championships each day, and in the end the Lancers came out on top by a slim one point margin, as the Gryphons finished with the CIS silver medal. Lindsay Carson led the team with three gold medals in the 3000m, 1500m and as a member of the 4 x 800m championship relay team. She was named a First Team All-Canadian and the CIS Track Athlete of the Year. Other members of the 4 x 800m team and CIS First Team All-Canadians were Nadine Frost (Bocabec, NB), Rachel Aubry (Ottawa, ON) and Jess Vanhie (Alisa Craig, ON). Steph Jackson was also a gold medalist in Shot Put and was named a First Team All-Canadian. Courtney Laurie and Miana Griffiths were silver medalists in the 3000 and 60m, respectively, and were both named Second Team All-Canadians.

Rachel Aubry 1L	Lindsay Furtado 2L	Kelsi Hurlbut 1L	Shantelle Novak 4H
Samantha Beattie 1L	Desiree Garcon 3L	Steph Jackson 5L	Sarah Peirce 3L
Kathryn Berube 4H	Jacqueline Gauthier 5L	Amy Jager 1L	Caitlyn Rennie 1L
Lindsay Carson 2L	Tonya Gnap 1L	Chelsea Keeley 2L	Kim Richardson 3L
Rachel Cliff 3L	Jeannette Goode 1L	Daniela Kwiatkowski 4H	Amanda Spriel 1L
Erin Collinson 2L	Miana Griffiths 1L	Courtney Laurie 3L	Jessica Vanhie 2L
Haley Digel 2L	Meghan Harris 1L	Tara MacDonald 3L	Jenni Vanos 5L
Gabrielle Foran 1L	Shaneista Haye 2L	Shauna Malek 1L	Meghan West 1L
Lydia Frost 1L	Brittany Herd 1L	Laura McIvor 2L	Catherine Zidar 1L
Nadine Frost 1L	Karoline Hoy 2L	Robyn Mildren 1L	

Coach: Dave Scott-Thomas

Trainers: Lance Dawson, Marcel Meresz, Brenda Scott-Thomas, Josh Smith

Assistants: Zuzanna Mares, Chris Moulton, Garth Peet, James Sniatenchuk, James Wardle

### Awards Summary

#### **OUA / CIS Awards**

OUA All-Stars – Kyle Boorsma, Allan Brett, Guyson Kuruneri, Dustin McCrank, Josh Roundell, Derek Snider, Lindsay Carson, Miana Griffiths, Shaneista Haye, Steph Jackson and Sarah Peirce

OUA Track and Field Female M.V.P. – Lindsay Carson

OUA Track and Field Female Coach of the Year – Dave Scott-Thomas

OUA Track and Field Male Events – Kyle Boorsma

OUA Track and Field Male Student – Athlete Community Service Award – Ron Jackson

CIS 1<sup>st</sup> Team All-Canadians – Kyle Boorsma, Rachel Aubry, Lindsay Carson, Nadine Frost, Steph Jackson and Jessica Vanhie

CIS 2<sup>nd</sup> Team All-Canadians – Kyle Boorsma, Allan Brett, Dustin McCrank, Miana Griffiths and Courtney Laurie

CIS Female Athlete of the Year – Lindsay Carson

#### **Team Awards**

Hamilton Olympic Club M.V.P – Kyle Boorsma

M.V.P Women – Lindsay Carson

#### **University of Guelph Awards**

Male Athlete of the Year – Kyle Boorsma  
 Female Athlete of the Year – Lindsay Carson  
 W.F. Mitchell Sportsman – Josh Roundell  
 Shirley Peterson Most Improved – Courtney Laurie  
 Scott Yanchus Rookie of the Year Award – Ron Jackson  
 President's Trophy Female – Sarah Pierce

## 2007-2008

The Men's Track and Field team enjoyed a very successful season with a bronze medal at the OUA Championships and a national title at the CIS Championships. At the OUA's, the Gryphon men tallied 11 medals en route to the bronze medal. The team was led by Patrick Szpak (LaSalle, Ont.) and Owen Willems (London, Ont.) who earned gold medals in the Shot Put and Weight Throw events, respectively. Both were named OUA All-Stars for their gold medal performances. Others earning the All-Star awards were Dustin Gamble (Guelph, Ont.), Kyle Killam (Salisbury, NB), Dustin McCrank (Haileybury, Ont.) and Richard Vaughn (Montreal, QC.). The Gryphons captured both the men's and women's national titles, marking the first time that Guelph had won either title and the sixth time in CIS history that one institution swept both banners in the same season. The Guelph men tallied 66 points overall to finish first of 19 teams, capturing the banner despite not winning any individual gold medals. They ended up with three silvers and two bronze medals. Head coach Dave Scott-Thomas earned both the Men's and Women's Coach of the Year awards.

Brendan Brooks	1L	Kyle Killam	3	Cody Murray	2	Derek Snider	4H
Michael Chieffallo	3	Robert Koziarski	2	Maxime Paquette	5	Cody Sorensen	4H
Jordan Cote	1L	Guysong Kuruneru	2	John Parrott	3	Gavin Swan	1L
Andrew Debus	3	Christophe Liseron-Monfils	2	Curtis Peschier	1L	Patrick Szpak	3
Ian Flaxey	1L	Angus Macaulay	5	Jared Pignataro	4H	John Trask	1L
Dustin Gamble	3	Luke McClellan	1L	Daryl Robertson	1L	Jeffrey Turgeon	1L
Cornell Haynes	2	Dustin McCrank	2	Josh Roundell	3	Richard Vaughan	1L
Kevin Honig	1L	Thomas Mosher	2	Brett Snider	1L	Owen Willems	5

### TRACK & FIELD – Women

It was an incredible season for the Track and Field teams this year. At the OUA Championships, the women's team etched their name into the record books earning the team's first-ever OUA medal with a third place finish with 138 points. Overall, the women earned 12 medals. Rookie Lindsay Carson (Cambridge, Ont.) was named the OUA Rookie of the Year and an OUA All-Star. She had an incredible start to her OUA Track career taking home three silver medals in the women's 1000m, 1500m and in the 4x800m. Fifth-year Michelle Moody (Newmarket, Ont.) was honoured with the women's Field Event MVP and an OUA All-Star. She was a double medalist taking home gold in the women's Long Jump and silver in the High Jump. Other OUA All-Stars were Neb Zachariah (Guelph, Ont.), Stephanie Jackson (London, Ont.) and Brae Anne McArthur (Sarnia, Ont.). The Gryphons captured both the men's and women's national titles at the CIS Championships, marking the first time that Guelph had won either title and the sixth time in CIS history that one institution swept both banners in the same season. The Guelph women led the medal count with seven, including three gold, two silvers and a pair of bronzes. The Gryphons totaled 96.5 points to finish first of 22 teams. Lindsay Carson led the women with three medals capturing a gold medal in the 3000m, silver in the 1000m and a bronze in the 1500m. She was named the CIS Rookie of the Year and a First Team All-Canadian. Michelle Moody and Stephanie Jackson were also gold medalists in High Jump and Shot Put, respectively and were both recognized as First Team All-Canadians. Head coach Dave Scott-Thomas earned both the Men's and Women's Coach of the Year awards.

Kela Bartle	2	Lindsay Furtado	1L	Tara MacDonald	2	Emma Pink	1L
Kathryn Berube	3	Jacqueline Gauthier	4H	Brae Anne McArthur	5	Melissa Radu	2
Emily Borthwick	1L	Shaneista Haye	1L	Laura McIvor	1L	Stephanie Radu	4H
Alex Boyle	1L	Karoline Hoy	1L	Michelle Moody	5	Kim Richardson	2
Lindsay Carson	1L	Stephanie Jackson	4H	Stephanie Muise	1L	Grace Sherwin	1L
Rachel Cliff	2	Chelsea Keeley	1L	Shantelle Novak	3	Jessica Vanhie	1L
Erin Collinson	1L	Daniela Kwiatkowski	3	Sarah Peirce	2	Jenni Vanos	4H
Haley Digel	1L	Courtney Laurie	2	Brittany Pepper	3	Neb Zachariah	4

Coach: Dave Scott-Thomas  
 Assistants: Jeff Haller, Zuzana Mares, Garth Peet, Ali Salfi,  
 James Sniatenchuk, Zoltan Tenke, Jim Wardle

Therapist: Marcel Meresz

### Awards Summary

#### **Team Awards**

Hamilton Olympic Club M.V.P – Patrick Szpak  
 M.V.P Women – Lindsay Carson, Stephanie Jackson & Michelle Moody

#### **University of Guelph Awards**

Mary Beverley Burton Rookie – Lindsay Carson  
 Female Athlete of the Year – Lindsay Carson  
 President's Trophy – Brae Anne McArthur  
 W.F. Mitchell Sportsman – Michelle Moody

## 2006-2007

At the OUA Championships, the Gryphons finished fourth overall in the team standings and registered five individual medalists. Second-year Dustin Gamble captured his first ever OUA title in the men's 600m and was named an OUA All-Star. Owen Willems won the men's weight throw by nearly two metres ending a two-year run in the runner-up position and was also named an OUA All-Star. Jon Odumeru won a bronze medal in high jump while Jared Pignataro joined Willems on the weight throw podium with a bronze medal. Rounding out the list was Cody Sorensen with a bronze medal in the 60m hurdles. At the CIS Championships, the men placed ninth overall and were led by Cody Sorensen who captured a silver medal and was named an All-Canadian in the men's 60m hurdles after breaking a school record with a time of 8.19. Bronze medals went to Owen Willems in weight throw and Jon Odumeru in high jump.

Kyle Boorsma	1L	Andrew Hudson	3	Chris Liseron-Monfils	1L	Paul Piotrowski	1L
Robert Brown	1L	Greg Hutchinson	5	Angus Macaulay	4H	Josh Roundell	2
Joseph Brunsting	-	Edson Jackson	1L	Dustin McCrank	1L	Derek Snider	3
Matthew Brunsting	2	Kyle Killam	2	Gareth Miller	-2	Cody Sorensen	3
Michael Chieffallo	2	Robert Koziarski	1L	Thomas Mosher	1L	Patrick Szpak	2
Andrew Debus	2	Stephen Koziarski	4H	Cody Murray	1L	Andrew Varden	5
Abe Draycott	4H	Corey Kull	3	Jonathan Odumeru	4H	Owen Willems	4H
Dustin Gamble	2	Guyson Kuruneri	1L	Maxime Paquette	4H	John Worden	1L
Cornell Haynes	1L	Matt Lawrence	2	John Parrott	2		
Blake Hilts	2	Adam Lewandowski	1	Jared Pignataro	3		

At the provincial championships, the Gryphons finished fourth overall in the team standings and were highlighted by four individual medalists. Silver medals went to Steph Jackson in shot put and Rachel Cliff in the 3000m and both were awarded OUA All-Star distinction. Michelle Moody captured two bronze medals, one in high jump and the other in long jump. At the CIS Championships, the women placed sixth overall. Michelle Moody captured her third consecutive silver medal and All-Canadian honours in the women's high jump event with a clearance of 1.74m and her first ever medal (bronze) in the long jump with a school record performance of 5.74m. Meanwhile, Steph Jackson captured bronze in shot put.

Diana Ashrafhosseini	-1	Shannon Kane	-1	Shantelle Novak	2	Ashley Speller	-1
Kela Bartle	1L	Daniela Kwiatkowski	2	Sarah Peirce	1L	Martyna Stanislawczyk	2
Julia Beniusis	-3	Courtney Laurie	1L	Brittany Pepper	2	Jenni Vanos	3
Kathryn Berube	2	Jessica Lundy	1L	Stevie Poland	1L	Donna Verge	-1
Rachel Cliff	1L	Tara MacDonald	1L	Melissa Radu	1L	Kimberly Volterman	2
Desiree Garcon	2	Susan Menczel	4H	Stephanie Radu	3	Vaiva Yaeger	2
Jacqueline Gauthier	3	Michelle Moody	4H	Kim Richardson	1L	Neb Zachariah	3
Stephanie Jackson	3	Laura Moulton	4H	Erin Sask	-2		

Coach:	Dave Scott-Thomas	Massage Therapists:	Marcel Meresz, Lance Dawson
Assistants:	James Sniatenchuk, Zoltan Tenke, Jim Wardle, Jeff Haller, Ali Salfi, Chris Moulton, Zuzanna Mares		

## 2005-2006

The Gryphons further cemented their place as one of the top schools in the conference at the OUA Championships. The men stepped up from their seasonal rankings in the 4-6 range to finish in 3rd, the fifth time in the past six years they have been 2<sup>nd</sup> or 3<sup>rd</sup> and the women cruised in as expected in 4th. Individually, the Gryphons captured 9 medals in total: 2 gold, 2 silver and 5 bronze. Teo Schwartztruber captured the OUA Field MVP honour. He set an OUA Championship record with an incredible 17.67m toss, surpassing the mark set by Queen's Mike Melaney in 2004 by over a full metre. At CI's, Guelph placed 7th overall on the women's side while the men finished in 8th position. Brae-Anne McArthur brought home silver in the pentathlon while Michelle Moody leapt to silver in the high jump with a 1.74m mark. Owen Willems, who was ranked #3 going into the championships, became the first non-Canada West athlete to medal in the 35lb weight throw with a personal best of 17.77m for bronze. Third ranked Jon Odumeru stepped up huge in the high jump to capture the bronze after no-heighting at OU's to clear 2.04m, #2 Gryphon all-time. Cody Sorensen recovered from barely making the final after falling in his heat to become the Gryphs' first ever CIS medallist in the 60m hurdles with bronze in a time of 8.35.

Number: indicates letters earned in that sport, 1L: indicates 1<sup>st</sup> Letter, H: indicates Honour Award (4 or more letters earned over 4 years)

Robert Brown	1L	Sean Keaney	1L	Jonathan Odumeru	2	Cody Sorensen	2
Joseph Brunsting	1L	Jeff Keegan	3	Maxime Paquette	3	Brady Straw	5
Patrick Cook	1L	Kyle Killam	1L	John Parrott	1L	Gavin Swan	1L
Brad Crawford	1L	Stephen Koziarski	3	Jared Pignataro	2	Cleve Thorson	3
Andrew Debus	1L	Matt Lawrence	1L	Josh Roundell	1L	Andrew Varden	4H
Abe Draycott	3	Chris Leverette	1L	Teo Schwartztruber	1L	Richard Vaughan	2
Sam Evers	1L	Angus Macaulay	3	Jeremy Slater	5	Owen Willems	3
Andrew Hudson	2	Gareth Miller	2	Romaine Smith	1L		
Greg Hutchinson	4H	Gordon Muir	1L	Derek Snider	2		
Diana Ashrafhosseini	1L	Kathryn Berube	1L	Liz Forbes	2	Jacqueline Gauthier	2
Michelle Basu Roy	4H	Emily Caron	1L	Desiree Garcon	1L	Kate Henderson	4H
Julia Beniusis	3						

Stephanie Jackson 2	Michelle Moody 3	Christine Reddick 2	Sarah Wagner 1L
Shannon Kane 1L	Laura Moulton 3	Erin Sask 2	Vaiva Yaeger 1L
Daniela Kwiatkowski 1L	Shantelle Novak 1L	Martyna Stanislawczyk 1L	Neb Zachariah 2
Mary-Frances Lynch 2	Brittany Pepper 1L	Mary Catherine Stewart 3	
Brae-Anne McArthur 4H	Stephanie Radu 2	Jenni Vanos 2	
Susan Mencil 3		Kim Volterman 1L	

Coach: David Scott-Thomas  
 Assistants: Gary Lubin, James Sniatenchuk,  
 Zoltan Tenke, Luc Vangrootel, James Wardle

Massage Therapist: Marcel Meresz

## 2004-2005

At the OUA Championships, the Gryphons captured bronze with 98 points behind Windsor and Western. In the High Jump, Greg Baril-Kenney took silver. In the Throws, Guelph garnered 2 gold medals in rookie Shot Putter Patrick Szpak with a 15.44m toss and Owen Willems with a 16.01m throw. Rookie Cody Sorenson finished 3rd in the 300m. With a 1:56 split, Kyle Desormeaux led the 4 x 800m relay team to silver and captured bronze in the 3000m. At the CIS Championships, the Gryphs placed 9<sup>th</sup> overall. Greg Baril-Kenney was CIS champion in the High Jump and earned First Team All-Canadian distinction. In the Shot Put, OUA champion, Pat Szpak garnered bronze to claim the first-ever throws medal in Gryphon history.

Number: indicates letters earned in that sport, 1L: indicates 1<sup>st</sup> Letter, H: indicates Honour Award (4 or more letters earned over 4 years)

Greg Baril-Kenney 1L	Greg Hutchinson 3	Gareth Miller 1	Derek Snider 1
Brendan Brooks 1	Brian Jamieson 4H	Matt Moore 1L	Cody Sorensen 1L
Taylor Carloss 1L	Jeff Keegan 2	Chris Moulton 2	Brady Straw 4H
Matthew Ciceri -	Stephen Koziarski 2	Jonathan Odumeru 1L	Patrick Szpak 1L
Justin Cresser 2	Corey Kull 1	Andrew Oosterhuis -	Cleve Thorson 2
Drew Davenport -	Sean Kyle 1	Maxime Paquette 2	Wade Van Der Kraak -
Kyle Desormeaux 5	Angus Macaulay 2	David Pieterse -1	Andrew Varden 3
Abe Draycott 2	Matt McClellan -1	Jared Pignataro 1L	Richard Vaughan 1L
Colin Dyer -	Mike McGill -	Andrew Ross 1L	Owen Willems 2
Dustin Gamble 1L	Chris McIntyre -	Josh Roundell -	
Andrew Hudson 1	John Miklavcic -1	Jeremy Slater 4H	

At the OUA Championships, the Gryphs placed 4th overall with 84 points behind Windsor, Western and Toronto. Liz Akeroyd and Brae-Anne McArthur were a one-two punch in the women's Pentathlon. In the High Jump, Brae-Anne McArthur claimed the silver with a 1.70m leap and was named OUA Female Field MVP. Neb Zachariah captured bronze in the Triple Jump. Kristina Rody took the gold medal in the 3000m. Rookie Jenni Vanos helped the women's 4 x 800m relay team win bronze with a 2:15 split. The team of Michelle Basu Roy, Kate Henderson and Julie Beniusis recorded a new school record with a four-second personal best. Vanos also grabbed bronze in the 1000m. At the CIS Championships, the women placed 5th with 30 points. This marked the best ever finish for the very young Gryphons. Rookie Neb Zachariah earned First Team All-Canadian honours as CIS champion in the Triple Jump. Silver medals went to Liz Akeroyd in the Pentathlon and Michelle Moody in the High Jump which warranted Second Team All-Canadian status while Brae-Anne McArthur captured bronze in the Pentathlon.

Liz Akeroyd 5	Kate Henderson 3	Michelle Moody 2	Hannah Skotty 1L
Michelle Basu Roy 3	Stephanie Jackson 1L	Laura Moulton 2	Ashley Speller 1L
Julia Beniusis 2	Serena Jennings 5	Amanda Palmer 1L	Kate Stewart 3
Kristina Boyd 2	Bridget Kamp 2	Sarah Purton 4H	Mary Catherine Stewart 2
Sun Wai Culbreath 1L	Mary-Frances Lynch 1L	Stephanie Radu 1L	Jenni Vanos 1L
Susie Egar 3	Brae-Anne McArthur 3	Christine Reddick 1L	Donna Verge 1L
Liz Forbes 1	Jenn McCallum 1	Kristina Rody 5	Beverley Young 2
Jacqueline Gauthier 1L	Susan Mencil 2	Erin Sask -1	Neb Zachariah 1L

Coach: Dave Scott-Thomas  
 Assistants: Jeff Haller, Gary Lubin, Ali Salfi, James Sniatenchuk,  
 Trent Stellingwerff, Zoltan Tenke, Luc Vangrootel, Jim Wardle

Massage Therapist: Marcel Merese

## 2003-2004

At the OUA Championships, the men's team finished 6<sup>th</sup>. The 4 x 800m Relay team of Andrew Dunbrack, Brady Straw, Robin Bourke and Steve Armitage captured the gold medal and All-Star status at OU's and the bronze medal at the CIS Championships. Kyle Desormeaux was an OUA bronze medallist in both the 1000 and 1500m events. Robin Bourke claimed an OUA bronze in the 600m and another in the 1000m at CI's. (No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Steve Armitage	3	Andrew Dunbrack	1G	Jamal Lake	1G	Andrew Ross	-
Robin Bourke	5	Peter Dunbrack	3	Angus Macaulay	1	Jeremy Slater	3
Daniel Briand	1	Bryan Ego	2	Matt McClellan	1G	Adam Slomer	1G
Brendan Brooks	-	Andrew Hudson	-	John Miklavcic	1G	Brady Straw	3
Christian Casupanan	2	Brendan Hunt	1	Wes Moerman	4H	Cleve Thorson	1G
Kevin Coupland	1	Greg Hutchinson	2	Chris Moulton	1	Mark Vollmer	5
Mike Coupland	2	Brian Jamieson	3	Jonathan Odumeru	-	Owen Willems	1G
Justin Cresser	1G	Jeff Keegan	1G	Maxime Paquette	1	Zac Wolochatiuk	2
Kyle Desormeaux	4H	Brian King	1	David Pieterse	1G	Devin Woods	1G
Abe Draycott	1G	Stephen Koziarski	1	Mitchell Prevost	1		

At the OUA Championships, the Women had their best showing ever with a 4<sup>th</sup> place finish overall. One of the major highlights was the emergence of the jumps. Michelle Moody, Brae Anne McArthur and Sue Menzcel set personal best records in the High Jump to finish 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> respectively. Moody earned OUA All-Star honours with her result. McArthur and Menzcel tied for 4<sup>th</sup> at the national championships. The 4 x 200m Relay team consisting of Tina Boyd, Stef Burosch, Bridget Kamp and Sarah Purton set a new school record at CI's cracking the 1:46 barrier.

Elizabeth Akeroyd	4H	Andrea Ellis	1	Susan Menzcel	1G	Erin Sask	1
Michelle Basu Roy	2	Kristyn Englert	1	Michelle Moody	1G	Mary Catherine Stewart	1
Jessica Baynton	1	Kate Henderson	2	Laura Moulton	1	Kate Stewart	2
Julia Beniusis	1	Serena Jennings	4H	Christine Noordam	1G	Alice Sutcliffe	1G
Kimberley Bowerman	4H	Bridget Kamp	1	Kelly O'Connor	1G	Jessica Swan	2
Kristina Boyd	1	Kelly Kennedy	-1	Sarah Ouellette	1	Lina Yaeger	1
Stefani Burosch	2	Joan Kivanda	2	Sarah Purton	3	Beverley Young	1G
Tanya Cerovic	1G	Caitlin Malone	1	Ashley Renaud	1		
Teresa da Costa	4H	Brae Anne McArthur	2	Emily Robson	1G		
Susie Egar	2	Amy Menzcel	1G				

Coach: Dave Scott-Thomas  
 Assistants: Jessica Campbell-Rogers, Jeff Haller, Gary Lubin, Trent Stellingwerff, Zoltan Tenke, Luc Vangrootel, Christoph Wand, Jim Wardle  
 Trainers: Lance Dawson, Marcel Meresz

## 2002-2003

At the OUA Championships, the men's team finished 2<sup>nd</sup> behind Windsor while the women's side placed 5<sup>th</sup> overall. The Gryphons had 21 season best performances, 10 personal best performances, 4 school records and 1 OUA record. Heather Loree captured a gold in both the Pentathlon and the Triple Jump. Reid Coolsaet garnered a gold and silver in the 3000 and 1500m events respectively. In the Weight Throw, Markus Wand captured the gold setting a new OUA record of 15.82m. Robin Bourke claimed silver in the 600 and 1000m. The 4 x 800m Relay team comprised of Brady Straw, Steve Armitage, Reid Coolsaet and Peter Sullivan were silver medallists. Taylor Murphy and Serena Jennings ran for bronze in the 3000 and 1500m events respectively.

At the CIS Championships, the Gryphs had the strongest team showing in the university's history bringing home 9 medals and 7 All-Canadians including Robin Bourke (in individual and relay events), Reid Coolsaet, Heather Loree, Steve Armitage, Kyle Desormeaux and Peter Sullivan. The men's team climbed from an 8<sup>th</sup> place ranking to an incredible 3<sup>rd</sup> place overall behind Windsor and Sherbrooke while the women's side placed 9<sup>th</sup> overall. Reid Coolsaet was outstanding as usual. He was the 3000m champion and captured silver in the 1500m. Robin Bourke was a triple medallist claiming silver in the 1000m, bronze in the 600m and anchored the 4 x 800m Relay team to gold. Heather Loree set a new personal best and Guelph school record to capture silver in the Pentathlon while Serena Jennings ran to a bronze finish in the 1500m.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Steve Armitage	2	Kyle Desormeaux	3	Brian Jamieson	2	Peter Sullivan	5
Matt Borris	1G	Peter Dunbrack	2	Rohan Mathai	1G	Peter TenHaaf	2
Robin Bourke	4H	Jason Dunkerley	1	Michael McDonough	2	Kurt van Vulpen	1G
Christian Casupanan	1G	Bryan Ego	1G	Wes Moerman	3	Andrew Varden	2
Reid Coolsaet	5	Lee Glazier	3	Taylor Murphy	5	Mark Vollmer	4H
Mike Coupland	1	Matt Greenwood	1G	Jeremy Slater	2	Markus Wand	4H
Adrian Delmonte	1	Greg Hutchinson	1	Brady Straw	2	Zac Wolochatiuk	1
Elizabeth Akeroyd	3	Jody Chrobak	2	Serena Jennings	3	Heather Loree	4H
Michelle Basu Roy	1G	Teresa da Costa	3	Emily Jongerden	1G	Dawn Martin	1
Kimberley Bowerman	3	Susie Egar	1	Kelly Kennedy	1G	Brae-Anne McArthur	1G
Stefani Burosch	1G	Kate Henderson	1	Irene Kwan	1G	Michaela McClure	4H

Danielle McCullough 1G	Sarah Purton 2	Kate Stewart 1G	Helga Thorkeldsdottir 1G
Laine Misch 1	Danielle Rowlands 2	Jessica Swan 1G	
Kathleen Nolan 4H	Jessica Ryes 1G	Kristen Swerdfeger 1G	

Coach: Dave Scott-Thomas Trainers: Shashe Hamilton, Marcel Meresz  
 Assistants: Jeff Haller, Patrick Stapleton, Trent Stellingwerff, Gaby Szanto, Zoltan Tenke, Christoph Wand

## 2001-2002

The Gryphons had a strong showing at the CIS Championships, bringing home 4 medals and 6 All-Canadian award winners in Michaela McClure, Steve Bendo, Reid Coolsaet, Chinedu Amadi, Trent Stellingwerff and Peter Sullivan. On the women's side, Heather Loree was outstanding in the Triple Jump and Pentathlon with a bronze medal and 5<sup>th</sup> place finish respectively. The men had their highest finish ever in 6<sup>th</sup> place with 22 points only 1 point out of 5<sup>th</sup> and 2 points out of 4<sup>th</sup>. They captured three silver medals, with outstanding performances in the 4 x 800m Relay, in a school record setting time, the 60m Sprint as Amadi showed great consistency at the national level, and the 3000m event where Coolsaet ran a blazing 8:17. At the OUA Championships in Windsor, the Gryphons had their best ever finish ever. The women's squad maintained their 5<sup>th</sup> place ranking in the OUA with a team total of 75 points only 15 behind Waterloo. The women garnered a total of seven medals: 3 bronze (Kristina Rody - 3000m; Serena Jennings - 1000m; Liz Akeroyd - Pentathlon); 3 silvers (Michaela McClure - 1500m, 3000m; Heather Loree - Triple Jump); and one gold (Heather Loree - Pentathlon). On the Men's side, the stats were impressive: an enormous 33-point margin of victory over 3rd place UWO for 2nd spot; 11 medals (over 20% of the total) 5 golds: Markus Wand - 35lb. Weight Throw; Chinedu Amadi - 60m; Robin Bourke - 600m; Reid Coolsaet - 1500m; Chris McLaren - 3000m; 3 silvers: 4 x 800m Relay; Lee Glazier - 1000m; Steve Bendo - 1500m and 3 bronze: Peter Sullivan - 1000m; Reid Coolsaet - 3000m; Brian Jamieson - 60m Hurdles. Markus set OUA and field house records with his winning 15.22m heave. Chinedu also set a school record in his 60m.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Chinedu Amadi 1G	Kyle Desormeaux 2	Michael McDonough 1	Brady Straw 1
Steve Armitage 1G	Peter Dunbrack 1	Christopher McLaren 2	Peter Sullivan 4H
Steve Auger 1G	Nathan Farrell 1	Wes Moerman 2	Peter TenHaaf 1G
Nida Aziz 1G	Lee Glazier 2	Taylor Murphy 4H	Andrew Varden 1G
Matt Bagley -	Greg Hutchinson -	Tim Oates 4H	Mark Vollmer 3
Steve Bendo 4H	Patrick Ingratta 1G	Aaron Offord 1G	Markus Wand 3
Robin Bourke 3	Brian Jamieson 1G	Nick Phillips 3	David Wiley -
Reid Coolsaet 4H	Christopher Liddy 2	Jeremy Slater 1G	
Adrian Delmonte -	Matt Little 3	Trent Stellingwerff 2	
Elizabeth Akeroyd 2	Susie Egar -	Danielle Leclair -	Katherine Onyett-Jeffries -
Kimberley Bowerman 2	Elizabeth Forbes -	Heather Loree 3	Sarah Purton 1G
Roslynn Brain 1G	Shashe-Work Hamilton 1G	Michaela McClure 3	Lisa-Anne Rheume 2
Kristin Buckley 1	Serena Jennings 2	Kelly McManus 1	Kristina Rody 4H
Jody Chrobak 1G	Katie Junkin 1G	Elaine Murch -	Danielle Rowlands 1
Sarah Clark 2	Jenny Kellar 2	Laurie Mutton 3	Emily Smyth 2
Teresa da Costa 2	Alyssa Kenny-Scherber -	Kathleen Nolan 3	Bobbi-Jo Wade 1G
Michelle D'Arcy 3	Joan Kivanda 1G	Kelly O'Neil 3	

Coach: Dave Scott-Thomas Trainers: Lance Dawson, Kristen Gameiro,  
 Assistants: Patrick Stapleton, Gaby Szanto, Zoltan Tenke, Christoph Wand, Marcel Moresz, Teresa Piotrowski

## 2000-2001

After a tough battle at the OUA Championships, Queen's just edged Guelph out in the final two events and the Gryphons had to settle for a very competitive 4<sup>th</sup> place result. The Gryphons strong presence was evident as they claimed 6 medals: Steve Bendo had a gold medal winning 1500m run and 2 hours later doubled with a silver 3000m performance; Peter Sullivan grabbed a silver in the 1000m to go with his anchoring gold in the 4 x 800m Relay (Robin Bourke, Trent Stellingwerff, Kyle Desormeaux and Sullivan); Bourke took silver in the 600m event and Chris McLaren took the bronze over 3000m. At the CIAU's in Sherbrooke, Quebec, the Gryphons finished 10<sup>th</sup> for the first time ever. Bendo was dynamite with a silver medal run in the 1500m while the 4 x 800m Relay team came through with a silver medal and All Canadian status.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Stephen Bendo 3	Matt Little 2	Michael Sandusky 1G
John Booth 3	Tony Makrostergios 1G	Trent Stellingwerff 1
Robin Bourke 2	Chris McLaren 1	Peter Sullivan 3
Reid Coolsaet 3	Wes Moerman 1G	Jamie Thiessen 1G
Kyle Desormeaux 1	Taylor Murphy 3	Mark Vollmer 2
Lee Glazier 1	Tim Oates 3	Shawn Vording 4H
Chris Liddy 1	Nick Phillips 2	Markus Wand 2

Coach: Dave Scott-Thomas  
 Assistants: Patrick Stapleton, Zoltan Tenke, Gaby Szanto, Christoph Wand

At the OUA Championships Guelph finished 5<sup>th</sup> beating out Queen's and York for the first time. Their point total of 71 was the highest ever. Medals were brought home in 7 events: rookie, Liz Akeroyd, captured bronze in the High Jump; the 4 x 800m Relay (Kim Bowerman, Michaela McClure, Kathleen Nolan and Serena Jennings) had a bronze medal run; sophomore, Heather Loree, grabbed a silver in the 60m Hurdles and a bronze in the Triple Jump; Leslie Carson pulled in silver over 3000m; and McClure took home 3 OUA medals with a silver in the 1500m and a bronze in the 3000m in addition to her relay bronze. At the CIAU Championships, the Gryphs placed 9<sup>th</sup> for the first time ever and Carson cracked the 10:00 barrier over 3000m with a 9:59.03 for bronze. Heather Loree was sensational as she captured three medals and All Canadian status including silver in the 60m Hurdles and bronze in the Pentathlon and the Triple Jump.

Liz Akeroyd	1G	Heather Deakin	1G	Laurie Mutton	2
Amanada Bonnell	2	Jael Ealey	1	Sarah Newman	1
Kimberley Bowerman	1	Sarah Glover	4H	Kathleen Nolan	2
Jessica Campbell-Rodgers	2	Serena Jennings	1	Kelly O'Neil	2
Leslie Carson	1	Jenny Kellar	1	Lisa-Anne Rheaume	1G
Sarah Clark	1	Katy Leishman	1G	Laurie Rodges	4H
Teresa da Costa	1G	Heather Loree	2	Kristina Rody	3
Michelle D'Arcy	2	Michaela McClure	2	Gaby Szanto	1G
Terri Thompson	1G				

## 1999-2000

There has been a hierarchy in the OUA for decades in Men's Track and Field through which no team has ever broken. A move into the top 5 would have been a major success. With this motivation, the young Men's team was superb in bringing home 7 medals. The Gryphons finished an historic third with a school record 84 points (destroying the old record of 37). Major points were gained in the Weight Throw with a 2-3 Gryphon finish as brothers: Markus and Christoph Wand threw 14.14m. Distance, the Gryphons traditional strength, was stronger than ever as Guelph placed the maximum 3 athletes in the finals of most events. Steve Bendo caught fire in the 1500m to finish second. Shaun Kingerlee doubled in the medals with gold in the 600m and silver in the 1000m. Markus Wand, Kingerlee and Bendo as a result of their performances were OUA All Stars. Drew Graham seized a bronze in the 3000m as did the 4 x 800m Relay team comprised of Bendo, Robin Bourke, Jay Henrikson and Peter Sullivan. At the CIAU's, Shaun Kingerlee was fantastic in his 1000m debut as he executed a near perfect tactical race to grab a bronze and a school record. In the Weight Throw, Guelph men proved their OUA dominance was no fluke as the Wand brothers, finished 5<sup>th</sup> and 6<sup>th</sup>.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

### Team List:

Steve Bendo	2	Brad Bowland	-	Scott Duncan	1
John Booth	2	Shane Chipman	-	Jason Dunkerley	-2
Robin Bourke	1G	Reid Coolsaet	2	Darek Gondor	1

Jim Gordon	1G	Antonios Makrostergios	-	Edward Szeto	-
Michael Gowan	1	Rob Martin	-	Mark Vollmer	1
Drew Graham	2	Taylor Murphy	2	Shawn Vording	3
Jason Henrikson	4H	Tim Oates	2	Christoph Wand	3
Curtis Holmes	2	Nick Phillips	1G	Markus Wand	1
Shaun Kingerlee	3	Glenn Scott	3	Ian Watson	-
Matthew Little	1	Hugh Simson	4H	Phil Wiebe	-
Jason Lobb	-	Peter Sullivan	2	Brad Wright	1G
Coach:	Dave Scott-Thomas				
Assistants:	Pat Gordon, Zoltan Tenke, Gaby Szanto, Christoph Wand				

At the OUA Track and Field Championships in Windsor, the young Women's team grabbed 4 medals en route to a 7<sup>th</sup> place team finish. Michaela McClure garnered a gold in the 1500m leading the race from start to finish and as a result was an OUA All Star. Rookie, Heather Loree, was outstanding as she captured a double bronze: one in the 60m Hurdles, the other in the Triple Jump. Jessica Campbell-Rogers grabbed a bronze in the 1000m. At the CIAU Championships in Montreal, Loree capped off a brilliant season with a 4<sup>th</sup> place finish in the Triple Jump.

Team List:

Amanda Bonnell	1	Melissa Bryan-Pulham	-	Jessica Campbell-Rogers	1
Sarah Clark	-	Marianne Maertens	4H	Laurie Rodges	3
Michelle D'Arcy	1	Julie Martin	-	Kristina Rody	2
Allison Drynan	3	Michaela McClure	1	Jenn Rombeek	-3
Melissa Evans	-	Laurie Mutton	1	Lindsay Sachro	-
Sarah Glover	3	Sarah Newman	-	Marta Valentic	1
Janet Lapierre	-	Kathleen Nolan	1	Bobbi-Jo Wade	1G
Heather Loree	1G	Kelly O'Neil	1G		
Andrea Luey	-1	Tamara Reitsma	-		

Coach: Dave Scott-Thomas  
 Assistants: Pat Gordon, Zoltan Tenke, Gaby Szanto, Christoph Wand

## 1998-1999

The Men's Track and Field Gryphons became the first new team to break into the top 7 at the OUA Finals in over a decade taking 6<sup>th</sup> spot. With 4 performances that put athletes on the podium, the Gryphs had their strongest showing ever. Glenn Scott leapt 1.98m to earn him a bronze in the High Jump. Steve Bendo pulled in bronze medals in the 1500 and 3000m events. The emotional highlight came with the gold medal effort of the 4 x 800m Relay (Bendo, Peter Sullivan, Jay Henrikson and Shaun Kingerlee) which was decided by .09 seconds. The Gryphons qualified an unprecedented 8 athletes for the CIAU Championships. At the CIAU's, Glenn Scott seized the bronze in the High Jump for the second straight year. (No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

<u>Team List:</u>	Steve Bendo	1	David Millar	1G
	John Booth	1	Taylor Murphy	1
	Reid Coolsaet	1	Glenn Scott	2
	Jason Dunkerley	2	David Smith	1
	Drew Graham	1	Peter Sullivan	1
	Jason Henrikson	3	Edward Szeto	1G
	Curtis Holmes	1G	Earl Thomson	-
	Shaun Kingerlee	2	Shawn Vording	2
	Chris McLaren	2	Christoph Wand	2

Coach: Dave Scott-Thomas

Assistants: Zoltan Tenke, Pat Gordon

The Women's Track and Field Team finished 7<sup>th</sup> as a team at the OUA Championships in Windsor and had several individual highlights. Nadine Devin took the gold in the 3000m with Kirsten Addison following closely behind to nab the bronze. Jessica Campbell-Rogers sped to a 600m bronze. At the CIAU Championships, the small and inexperienced Women's squad significantly improved on their pre-meet ranking to grab 10<sup>th</sup> spot with only 5 athletes competing. Devin captured the bronze in the 3000m.

<u>Team List:</u>	Kirsten Addison	1	Danielle MacNeil	-
	Jessica Campbell-Rogers	2	Marianne Maertens	3
	Sarah Clark	-	Kelly McManus	1
	Nadine Devin	4H	Sarah Newman	-
	Allison Drynan	-2	Laurie Rodges	2
	Sarah Glover	2	Jenn Rombeek	3
	Andrea Luey	1G	Emily Smyth	1

Coach: Dave Scott-Thomas  
Assistants: Zoltan Tenke  
Pat Gordon

## 1997-1998

The Men's Track and Field Team placed 9th at the OUA Championships with a young team that will be even better next season. Shaun Kingerlee placed 5th in the men's 600m Dash and Chris McLaren came 8th in the 3000m. Glenn Scott earned a 4th place position in the High Jump and Christopher Wand came 7th in the shot put. At the CIAU Championships in Windsor, Glenn Scott improved his performance and took the bronze medal in the High Jump.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

<u>Team List:</u>	Michael Bowles	1	Shaun Kingerlee	1
	Robert Cairns	4H	Chris McLaren	1
	Marc Casas	3H	Glenn Scott	1G
	Joshua Douma	1	Hugh Simson	1
	Jason Dunkerley	1G	Shawn Vording	1G
	Jason Henrikson	2	Chris Wand	1
	Shawn Kehoe	1		

The Women's Track and Field team came 8th at the OUA Championships in Toronto. The women's 4x800m Relay Team consisting of Sonya Goldberg, Nadine Devin, Clare Hargreave and Meegan Larsen won the silver medal. At the CIAU Championships in Windsor, Meegan Larsen earned a bronze medal in the 3000m, while Heidi Loewen came 5th in the 3000m. Other top 10 performances came from Nadine Devin (7th) in the 1500m, Clare Hargreave (8th) 1000m and Amanda Bonnell (10th) in the 600m.

<u>Team List:</u>	Amanda Bonnell	1G	Meegan Larsen	5
	Jessica Campbell-Rogers	1G	Christine Laubach	-
	Robyn Collins	1	Heidi Loewen	5
	Nadine Devin	3	Marianne Maertens	2
	Sarah Glover	1G	Laurie Rodges	1G
	Sonya Goldberg	4H	Jennifer Rombeek	2
	Clare Hargreave	4H		

Coach: Dave Scott-Thomas  
Assistant: Pat Gordon

## 1996-1997

The Men's Track team finished 8th out of 12 teams at the OUAA Championships at Toronto. Jeff Bruin came 5th in the 3000m and he help lead the 4x800m relay team to a 4th place finish.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

<u>Team List:</u>	Jeff Bruin	2	Kevin Harrison	1G
	Chris Carrick	4	Jason Henrikson	1G
	Marc Casas	-	Shawn Kehoe	-
	Gordon Culbert	1G	Dan Mayhew	3
	Carlos David	-	Brian Rawbone	1G
			John Witzing	1G

The Women's Track team placed 9th at the OWIAA Championships at Toronto. Kristina Rody qualified for the CIAU Championships in the 3000m.

<u>Team List:</u>	Melanie Amm	1G	Heidi Loewen	4H
	Nadine Devin	1	Marianne Maertens	1
	Allison Drynan	2	Colette McAuley	5
	Sonya Goldberg	1	Elaine Penny	-
	Clare Hargreave	-1	Kristina Rody	1
	Gena Jaspers-Fayer	2	Jennifer Rombeek	1G

Coach: Rich Tremain  
Assistant: Pat Gordon  
Trainer: Andrew Lu

## 1995-1996

The Men's Track and Field team repeated their 10th place finish at the OUAA Championships at York University.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Jeff Bruin	1	Chris Carrick	4H	Dan Mayhew	2
Robert Cairns	2	Robert Lawrence	2		

Coach: Rick Schroeder/Pat Gordon

The Women's Track and Field team moved up four spots from the 1993-94 season to land 6th position overall at the OWIAA Championships. Key performances included a gold medal by Pauline Fox in the 600 metre event with a time of 1:33.71 and a bronze by Gena Jasper-Fayer in the 1000 metre event. Fox, an OWIAA All Star, was a bronze medallist in the 600 metre category at the CIAU Championships in Windsor. The Gryphons ended up in 12th spot at the national championships.

Allison Back	2	Gena Jaspers-Fayer	1	Natalie Welsh	3
Amy Darling	2	Sophika Kostyniuk	3	Kristen Yarker	1
Pauline Fox	4H	Heidi Loewen	3		
Clare Hargreave	1	Colette McAuley	4H		

Coach: Rick Schroeder/Pat Gordon

## 1994-1995

The Men's Track and Field team moved up one position from last season to a 10th place finish at the OUAA Championships in Windsor. Chris Carrick placed 7th in the 1500 metres.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Rob Cairns	1	Derek Hallman	4H	Dan Mayhew	1
Chris Carrick	3	Rob Lawrence	1	Kevin Reid	1

Coach: Rick Schroeder/Jason Wilkes

The Women's Track and Field team moved up two spots from last year to 8th position overall at the OWIAA Championships. Key performances included a 4th place finish by Pauline Fox in the 600 metres and a 5th place in the 4 x 200 m Relay.

Amy Darling	1	Johanna lies	1	Colette McAuley	3
Pauline Fox	3	Sophika Kostyniuk	2	Natalie Welsh	2
Sonya Goldberg	1	Heidi Loewen	2		

Coach: Rick Schroeder

Trainers: Kim Jones/Greg Patterson

## 1993-1994

The Men's Track and Field team placed eleventh at the OUAA Championships in Windsor. Pat Gordon placed seventh in the 1500 metre final while Chris Carrick was twelfth in the 1000 metre final.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Gregg Blackler	1G	Patrick Gordon	4	Tim Martin	1
Chris Carrick	2	Derek Hallman	3	Gordon MacOdrum	4H
Marc Casas	1G	Jeff Kinch		Tyler Papple	
Kevin Franks	1G	Rich Martin	2	Jason Turner	4H

Head Coach: Rick Schroeder

Men's Coach: Gordon MacOdrum

Trainer: Chris Elder

The Women's Track and Field team placed tenth overall at the OWIAA Championships in Windsor. Pauline Fox placed twelfth in the 600 metre final while Heidi Loewen was eleventh and Allison Back was twelfth in the 1500 metre final.

Allison Back	1	Sarah Gewurtz		Julie Merrick	1
Tracey Brown	-	Sophika Kostyniuk	1G	Alison Peters	2
Anne Ellis	2	Heidi Loewen	1G	Natalie Welsh	1G
Pauline Fox	2	Colette McAuley	2		

Coach: Rick Schroeder

Trainer: Janeen Schaeffler

## 1992-1993

The Men's Track and Field Team placed seventh at the OUAA Championships. Mike Daleman placed fourth in the Triple Jump and Jason Bell won a bronze medal in the 300 metre dash. At the CIAU Championships in Toronto, Tim Robinson won the bronze medal in the 300 metre dash and the team placed twelfth.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Jason Andrews	1G	Michael Daleman	2	Jeff Krar	1
Jason Bell	3	Daniel Dufraimont	1	Gordon MacOdrum	3
Chris Carrick	1G	Derek Hallman	2	Rich Martin	2

Erie Noronha	1G	Jason Turner	3
Tim Robinson	3	Jeff Walsh	3

Coach: Rick Schroeder  
Trainer: Helen McAllister

The Women's Track and Field Team placed seventh at the OWIAA Championships in Toronto. Kathy Butler won the gold medal in the 1500 metres while Lindsay Tomlinson placed fifth. At the CIAU Championships in Toronto, Guelph placed ninth as Kathy Butler won both the 1000 and 1500 metre events and set a new record in the 1000 metre with a time of 2:47.45. Finished season ranked 6<sup>th</sup> nationally.

Tracey Brown	1G	Pauline Fox	1G	Alison Peters	1G
Kathy Butler	1	Andrea Jackman	1G	Lindsay Tomlinson	3
Anne Ellis	1G	Colette McAuley	1G		
Erin Enright	1G	Jennifer Miners	-2		

Coach: Rick Schroeder  
Trainer: Helen McAllister

## 1991-1992

The Men's Track and Field team placed 6th at the OUAA Finals in Windsor. Michael Daleman won a gold medal in the Triple Jump with a jump of 14.530 metres and advanced to the CIAU Championships in Manitoba where he placed 5th.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Jason Bell	2	Adam Harrington	1G	Tim Robinson	2
Mike Daleman	2	Chris Jones	2	Scott Rowland	1G
Mike Dinel	2	Jonathan Kalman	1G	Tabo Sikaneta	1G
Mark Dragich	1G	Rich Martin	1G	Jason Turner	2
Erwin George	1G	Greg McNab	2	Jeff Walsh	2
Pat Gordon	3H	Guy Morgan	1G	Paul Wismer	2
Derek Halman	1G	Scott O'Connor	5		

Coaches: Martin Gilmour, Geoff Outerbridge, Rick Schroeder

The Women's Track and Field team placed 9th at the OWIAA Finals in Windsor. Heather Noble won a silver in the 1000m and advanced to the CIAU's where she placed 5th, her personal best at 2:51.

Jill Blasko	1	Lorraine Henry	1G	Jennifer Miners	2
Karen Edworthy	2	Barb Johnston	2	Heather Noble	4H
Michelle Jacksman	1G	Sandra Kofalvi	1G	Kathy Svistunenko	2
Denise Jordan	1	Liz Marskel	1G	Adria Veliz	1G

Coaches: Martin Gilmour, Geoff Outerbridge, Rick Schroeder

## 1990-1991

After a long absence, Track and Field has returned to the University of Guelph. The men's team was ranked in the Top Ten no fewer than 5 times during the season and finished in 11th place (out of 28 schools) at the CIAU Championships. The women's team was led by Heather Noble and Katrine Svistunenko, who finished 4th and 6th respectively in the events in the OWIAA Championships. The men's team had an outstanding performance from Tim Robinson who won silver and bronze medals in the 300 and 60m sprints at the OUAA Championships. Geoff Outerbridge also won a bronze medal at the OUAA's. At the CIAU Championships Robinson won a silver medal.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Jason Bell	1G	Terry Hickey	1G	Scott O'Connor	4H
Lawrence Bendandi	1G	Robert Irani	1G	Geoff Outerbridge	5
Markus Carl	4H	Chris Jones	1G	Wes Peel	1
Michael Daleman	1G	Gordon MacOdrum	2	Tim Robinson	1G
Michael Dinel	1G	Greg McNab	1	Godfrey Rutta	1G

David Scott-Thomas -4  
Chris Serran 3

Jason Turner 1G  
Jeff Walsh 1

Jason Wilkes 2  
Paul Wismer 2

Crystal Drummond  
Karen Edworthy 1G  
Janet Goddard 2  
Jennifer Heffron 1

Barbara Johnston 1G  
Kimberley Joyce  
Jennifer Miners 1G  
Heather Noble 3

Tania Poehlman -2  
Katrine Svistunenko 1G  
Lindsay Tomlinson -2

Coach: Martin Gilmour  
Assistant: Rick Schroeder

## 1989-1990

The OUAA/OWIAA Track & Field finals were held in Windsor. Sarah Apedaile placed 4th in the 600m, Heather Noble placed 2nd in the 1000m. Both girls qualified for CIAU's in Winnipeg both placing 7th in their respective events.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Lawrence Bendandi  
Markus Carl 3  
Gordon MacOdrum 1G  
Scott O'Connor 3

Dave Scott-Thomas 3H  
Chris Serran 2  
Chris Trainor 1G  
Paul Wismer 1

Coach: Allen Keele

Sarah Apedaile 5  
Janet Goddard 1G  
Missy McCleary 1

Heather Noble 2  
Lindsay Tomlinson 2

Coach: Allen Keele

## 1988-1989

The men's track team had another successful season as they placed 8th out of 11 schools at the OUAA Championships in Toronto. The individual high light was the bronze medal won by Rick Harris in the 1000 m.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Geof Cameron 4 H  
Markus Carl 2  
James Carson 3  
George Chiang 1 G  
Patrick Gordon 1 G

Richard Harris 5  
Robert Haverkamp 1 G  
Ken Misener 1 G  
Scott O'Connor 2  
Jason Pollock 1 G

David Scott-Thomas 2  
Chris Serran 1  
Frank Solinger 1

Coach: Chris Cameron  
Assistant: Phil Noonan

The women's track team placed 7th at the OVIAA Championships in Toronto. Kathy Lindsay had an outstanding meet winning the gold medal in the 3000 m. She then went on to win a bronze in the same event at the CIAU Championships in Sherbrooke and also placed 6th in the 1500 m.

Sarah Apedaile 4 H  
Alison Duncan 1 G  
Kathy Lindsay 4 H

Kelly May 2  
Heather Noble 1 G  
Tania Poehlman 1 G

Cindy Preozer 1 G  
Lindsay Tomlinson 1 G

Coach: Chris Cameron  
Assistant: Phil Noonan

## 1987-1988

The men's track team placed eighth at the OUAA Finals in Windsor.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Chris Cameron	3	Jim Carson	2	Geoff Outerbridge	4
Geoff Cameron	3	Rick Harris	3	Rick Schroeder	3
Markus Carl	1	Scott O'Connor	1	Dave Scott-Thomas	1

Coach: Allen Keele

The women's track team placed eighth at the OWIAA Finals in Windsor. Top individual performances included Jyneen Shand who placed 4th in the 60m and Kathy Lindsay who placed 3rd in the 1500m event.

Sarah Apedaile	3	Kathy Lindsay	3	Jyneen Shand	1 G
Monica Hess	3	Heather MacKinnon	1		

Coach: Allen Keele

## 1986-1987

The men's indoor track and field team had a successful season placing 8th at the OUAA Championships in Windsor. Pole Vaulter Geof Outerbridge qualified for the CIAU Championships in Saskatchewan where he won the bronze medal.

(x Denotes letter winner, xx Denotes first time letter winner).

Chris Cameron	x	Gary Kirkham	xx	Rick Schroeder	x
Geof Cameron	x	Doug MacMillan	xx	Neil Skinner	x
Jim Carsons	x	Geof Outerbridge	x	Dave Scott-Thomas	
Rick Harris	x	Bruce Reed	x		
Jeff Kane	xx	Manuel Salvati	x		

Albert Tschirhart - Coach

The women's track and field team came 7th at the OWIAA Championships in Windsor and qualified two contestants for the CIAU finals in Saskatchewan. Nathalie Wauters came 5th in the high jump while Monica Hess placed 8th in the shot put.

Sarah Apedaile	x	Monica Hess	x	Nathalie Wauters	xx
Elyse Chan	xx	Kathy Lindsay	x		
Louise Heffernan	xx	Kelly May	x		

Albert Tschirhart - Coach

## 1985-1986

The track and field program at Guelph started a rebirth with a large number of athletes competing and building a base for the future. The team placed ninth at the OUAA finals in Toronto with Rick Harris placing fourth in the 600 metres and Geoff Outerbridge coming fifth in the pole vault.

(x Denotes letter winner, xx Denotes first time letter winner).

Chris Cameron	xx	Marnsoor Ming Chor Ma	xx	Mark Schmidt	x
Geoff Cameron	xx	Geoff Outerbridge	x	Rick Schroeder	x
Rick Harris	x	Luis Periera	x		

Albert Tschirhart (Coach)

The women placed seventh at the OWIAA finals with Louise Ferrie winning a bronze medal in the 600 metres as the individual highlight. No less than five of the relay teams finished in the top five and performances should be even better next season.

Sarah Apedaile	xx	Monica Hess	xx	Michelle Rundle	xx
Mary Jane Baxter	xx	Kathy Lindsay	x	Donna Saunders	xx
Agneta Eikelenboom	x	Gloria McKeen	x	Brenda Walker	xx
Louise Ferrie	x	Jane McVicker	xx		
Nicole Guyett	xx	Pheobe Quail	xx		

Albert Tschirhart (Coach)

## 1984-1985

The Gryphon track and field team was represented by its largest squad in a number of years. The highlight of the season was the performance of Jeff Outerbridge who placed third in the pole vault at the OUAA and CIAU Championships. Guelph placed 15th out of 28 schools competing in the national finals.

(x Denotes letter winner, xx Denotes first time letter winner).

Scott Bolton	xx	Rick Harris		Bruce Reed	xx
Brian Campbell	xx	Brian Kerslake		Mark Schmidt	xx
Garth Franklin	xx	John Milligan			
Dave Harding	xx	Geoff Outerbridge	xx		

Gloria McKeen xx

Albert Tschirhart (Coach)

Vic Matthews (Coach)

## 1983-1984

Track and field had a very small team and practiced at York University once a week. The team participated in three meets.

(x Denotes letter winner, xx Denotes first time letter winner).

John Milligan	Luis Pereira	Bruce Reed	Manuel Salvati
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Vic Matthews (Coach)

## 1982-1983

Track and field had a very small team and practice at York University once a week. The team showed determination and look forward to improving next year.

(x Denotes letter winner, xx Denotes first time letter winner).

Kelly Kramp	Brian Kerslake	John Settle	John Milligan
Nancy Cameron	Cathy Ford	Marilynn Wesley	

Vic Matthews (Coach)

Mary Lehmann (Manager)

## 1981-1982

The indoor track and field Gryphons had a fine showing in numerous meets throughout the season especially in the persons of Silvia Ruegger and Janet Beatty who both qualified for Nationals and fared very well.

(x Denotes letter winner, xx Denotes first time letter winner).

Janet Beatty	x	Mary Lehmann	Silvia Ruegger	x
Eleanor Fritz		Ann MacDonald	Susan Sibley	
Kelly Kramp		C. F. Ng	John Steele	
Ian McGuire		Steve Paquette		

Coach - Vic Matthews

## 1980-1981

Both the indoor and outdoor Co-Ed Track and Field teams enjoyed competitive seasons, although no overall championships were won. Each year, the interest picks up, and in a short while, Gryphon Track and Field teams will be heard from even more.

(x Denotes letter winner, xx Denotes first time letter winner).

Anne MacDonald	Silvia Ruegger	Janet Pegrum	
Ray Alley	Kevin Hutchinson	Murray Eby	Linnel MacLean

## 1979-1980

Four girls represented the university at the OWIAA outdoor track meet, placing fourth, fifth and sixth in all races in which they participated.

(x Denotes letter winner, xx Denotes first time letter winner).

Team Lists: OUTDOOR

Carol Edwards	Mary Lehmann	Cathy MacDonald x	Janet Pegrum x
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Coach - Jack Moss/Bill Dunford

INDOOR

Janet Beatty x	Mary Lehman	Cathy MacDonald x	Janet Pegrum x
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The men's team placed well in the field events, with Rob Spicer placing fourth in the javelin and Dan Goody fifth in the high jump at the OUAA meet. Like many, there varsity sports, track and field is showing an increase in both popularity and calibre here at Guelph. While only ten athletes completed the season, close to thirty individuals arrived at our opening meeting. With this growing interest and the time and dedication offered by a few members, we should see great things from both our present and future track and field athletes.

Tom Drysdale	x	Jack Moss	x	Peter Watson	x
Dan Goody	xx	Rob Spicer	xx	Hugh Wiley	x

Coach - Jack Moss/Bill Dunford