

# Women's Lacrosse History

## 2008-2009

The Women's Lacrosse team ended the season with a disappointing 0-12 record and finished last in the OUA standings, failing to make the post season. Guelph had a tough year experiencing some growing pains along the way as one of the youngest squads in the OUA featuring 14 rookies. First-year Beth Pink (Orangeville, ON) finished the season tied for 13<sup>th</sup> in OUA scoring with 32 points.

Mia Callaghan	2L	Shannon French	2L	Jessica Liu	1L	Nicole Sterritt	2L
Stephanie Campbell	2L	Amanda Galea	1L	Melissa Meek	1L	Jessica Stone	4H
Andrea Clarkson	2L	Alyssa Holmes	2L	Beth Pink	1L	Rebecca Townsen	d 1L
Kate Crellin	1L	Bridget Holmes	2L	Morgan Pirie	2L		
Amy Draper	3L	Linnaea Jasiuk	1L	Kaitlin Smith	1L		
Sarah Finbow	1L	Lydia Kovacs	1L	Carmen Steger	2L		

Coach: Garry Dobbie

Assistants: Yolanda Lloyd, Louie Verardi

### Awards Summary

#### Team Awards

M.V.P – Jessica Stone

## 2007-2008

The Women's Lacrosse team ended the season with a 1-5 record and finished fourth in the OUA standings. The young squad, consisting of mainly first and second year players, dropped a 14-2 final to the Queen's Golden Gaels in the first round of the OUA playoffs to finish the season. Third-year Gryphon goalie Callie Miller (Niagara on the Lake, Ont.) earned First Team OUA All-Star honours for her outstanding effort in net all season.

Mia Callaghan	1L	Bridget Holmes	1L	Deanna Moher	2	Carmen Steger	1L
Andrea Clarkson	1L	Rachel Isaacs	1L	Secord Murphy	3	Nicole Sterritt	1L
Amy Draper	2	Iris Lam	4H	Andrea Parker	2	Jessica Stone	3
Shannon French	1L	Amanda McKinnon	1L	Morgan Pirie	1L	Lindsay Taylor	2
Alyssa Holmes	1L	Callie Millar	3	Stacey Pogue	1L	Janette Yuen	1L

Coach: Garry Dobbie

Assistants: Yolanda Lloyd, Doug Wiltsie

Trainer: Wendy Perry

### Awards Summary

#### OUA Awards

OUA 1<sup>st</sup> Team All-Star – Callie Miller

#### Team Awards

M.V.P – Jessica Stone

## 2006-2007

The Gryphons ended the 2006 season with a 3-7 record on the year. Ali Maitland was selected as a First-Team All-Star at the attack position, scoring a team leading 17 goals and 2 assists throughout the season. Maitland ranked 15<sup>th</sup> overall in the OUA scoring leaders. On defence, Hollis Murphy and Callie Millar received Second-Team All-Star honours for the Gryphons.

Anna Ammerata	4H	Connie Draycott	1L	Yolanda Lloyd	3	Andrea Parker	1L
Sarah Armstrong	5	Morgan Dundas	1L	Ali Maitland	3	Jessica Stone	2
Stephanie Campbell	1L	Jacqueline Dysart	5	Callie Millar	2	Lindsay Taylor	1L
Rosemary Chau	1L	Stacey Fuderer	3	Deanna Moher	1L	Lauren Wedlock	4H
Kate Curtis	3	Kim Hendriks	1L	Hollis Murphy	2		
Amy Draper	1L	Iris Lam	3	Secord Murphy	2		

Coach: Lena Kandola

Assistant: Dana Dobbie

Manager: Jen Issler

Trainers: Jennifer Hudson, Wendy Perry

## 2005-2006

The Gryphons had a tough year posting a 0-9-1 record on the season. With the announcement of the OUA All-Stars, the Gryphons earned two Second Team distinctions in Sara White in the attack position and Ali Maitland in the midfield. White was the 12th leading scorer in the OUA with 18 goals and 3 assists on the season.

(No.: indicates letters earned in that sport, 1L: indicates 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Anna Ammerata	3	Stephanie Huton	-	Secord Murphy	1L	Erin Walker	-2
Sarah Armstrong	4H	Allison Maitland	2	Jessica Stone	1L	Lauren Wedlock	3
Kate Curtis	2	Callie Millar	1L	Jodey Therriault	3	Sara White	3
Stacey Fuderer	2	Hollis Murphy	1L	Kitiya Vongkamjan	1L		

Coach: Lena Kandola (0-9-1)

Manager: Jen Issler  
Assistant: Gena McPherson

## Academic All-Canadians

Stacey Fuderer, Jodey Therriault

## OUA Awards

OUA 2<sup>nd</sup> Team All-Stars - Sara White, Ali Maitland

## Team Awards

MVP of the Year – Sara White

## 2004-2005

With a relatively young team in 2004, the Gryphons started off weak against their opposition, but as the season progressed, continued to reduce the gap on the scoreboard. Unfortunately, the team suffered a significant loss to the roster part way through the season and found it difficult to recover. The Gryphs ended their season with a disappointing 0-8-1 record. Three players earned OUA All-Star honours including co-captain and line defender Kaitlin Soye, co-captain and midfielder Ali Maitland and Yolanda Lloyd, who was amongst the top 5 in OUA scoring.

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Anna Ammerata	2	Sara Devita	1L	Jing Jing Li	1L	Melissa Rayburn	1L
Sarah Armstrong	3	Stacey Fuderer	1L	Yolanda Lloyd	2	Kaitlin Soye	3
Allison Cotton	1L	Nicole Ilavsky	2	Ali Maitland	1L	Jody Therriault	2
Kate Curtis	1L	Iris Lam	2	Jessica Mercer	2	Erika Van Der Mark	1L

Coach: Lena Kandola (0-8-1)

## Academic All-Canadians

Kaitlin Soye, Iris Lam

## OUA Awards

OUA All-Stars - Kaitlin Soye, Ali Maitland and Yolanda Lloyd

## Team Awards

MVP of the Year - Ali Maitland

## 2003-2004

The Gryphons embarked on the 2003 campaign with an entirely new look: losing some key players to graduation in addition to their head coach. Under the leadership of Garry Dobbie, the Gryphons adopted a completely different style of play. They sported a 3-5-2 record and finished 3<sup>rd</sup> in the Central Division and 6<sup>th</sup> in the OUA. In quarterfinal play, they lost a close battle with Queen's 16-14. One of the highlights of the season was Erin Veenstra's selection as an OUA All-Star.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Anna Ammerata	1G	Nicole Ilavsky	1G	Meghan Stewart	4H	Lauren Wedlock	2
Sarah Armstrong	2	Iris Lam	1G	Judy Therriault	1G	Jenn Wheeler	1
Jennifer Charlton	2	Yolanda Lloyd	1G	Meaghan Van Hooren	4H	Sara White	2
Megan Crumb	3	Jessica Mercer	1G	Erin Veenstra	3		
Deanna Deaville	1G	Kaitlin Soye	2	Erin Walker	1G		

Coach: Garry Dobbie

## Academic All-Canadians

Kaitlin Soye, Jenn Wheeler, Sara White

## OUA Awards

OUA All-Stars - Erin Veenstra

## Team Awards

MVP of the Year – Jennifer Charlton

## 2002-2003

Despite losing several key players to graduation, the hopes of revisiting the OUA medal podium was still in the minds of the returning players. The new class of Gryphons narrowly grabbed the 5th playoff spot with a 4-5-1 regular season record. A win in the quarterfinal game and a loss in semi-final action assured the women of no less than 4th place. With a bronze medal at stake, the Gryphon's battled back and forth with Laurier and in the end the Gryphs downed the Golden Hawks 11-10 to claim yet another OUA medal. Attacker Nicole Vincent, capped off her Gryphon career with an OUA All-Star award.

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Sarah Armstrong	1G	Lianne Gravitis	3	Meghan Stewart	3	Kelly Voteary	1G
Torry Brake	5	Cheryl Heykoop	3	Melissa Tutin	5	Lauren Wedlock	1G
Jennifer Charlton	1G	Karen Kolb	4H	Meaghan Van Hooren	3	Sara White	1G
Alicia Chupa	1G	Lisa Malanka	3	Erin Veenstra	2		
Megan Crumb	2	Wendy Perry	2	Nicole Vincent	2		

Coach: Jim Leworthy

## Academic All-Canadians

Torry Brake, Wendy Perry

## OUA Awards

OUA All-Stars - Nicole Vin

## Team Awards

MVP of the Year - Meghan Stewart

## 2001-2002

It was an outstanding 2001 season for the Gryphons as they posted a 14-2 league record to earn top spot, one point ahead of the Toronto Blues. Their only losses came at the hands of Queen's 10-7 early in the season and 10-4 to Toronto in the final league contest. In quarterfinal action, at the OUA Championships in St. Catharines, Guelph defeated York 9-6 and topped Laurier 17-4 in the semis to secure its berth to the championship game. The Gold Medal match saw the Gryphs pitted against the Blues for yet a third meeting. Unfortunately, it wasn't in the cards for Guelph as they fell short 13-7 but made their mark in the OUA and brought home the silver. On the individual front, the Gryphons claimed two of the league's major awards. In conjunction with her All-Star selection, Megan Muirhead was recipient of the Most Valuable Player Award in the OUA and rounded out the playoff weekend with eight points (six goals and two assists) in three games. Stephanie Green was named Coach of the Year in only her second season. The Gryphs lose Muirhead, Katie Morrison and Petrice Cavar to graduation.

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Torry Brake	4H	Megan Crumb	1G	Cheryl Heykoop	2	Katie Morrison	4H
Petrice Cavar	3	Karina Dykstra	3	Karen Kolb	3	Megan Muirhead	4H
Aaryn Clark	2	Lianne Gravitis	2	Lisa Malanka	2	Wendy Perry	1G

Elizabeth Pyanowski		Meghan Stewart	2		Meaghan Van Hooren		Nicole Vincent	1G
		Melissa Tutin	4H	2				
Kaitlin Soye	1G				Erin Veenstra	1G		

Coach: Stephanie Green (14-2)  
Assistant: Jimmy Leeworthy

## Academic All-Canadians

Karina Dykstra

## OUA Awards

OUA 1<sup>st</sup> Team All-Stars - Megan Muirhead  
OUA MVP - Megan Muirhead  
OUA Coach of the Year - Stephanie Green

## Team Awards

MVP of the Year - Megan Muirhead

## 2000-2001

After a successful regular season (2nd place in the OUA West Division), the Gryphons suffered an 11-9 heartbreaking loss to McGill at the OUA Championships in Kingston and were eliminated from medal contention. Centre, Megan Muirhead and goaltender, Karina Dykstra, were OUA West All Stars while Petrica Cavar was recipient of the Most Valuable Defensive Player Award and Megan Van Hooren, the Most Sportsmanlike Player in the OUA West Division.

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Beth Brady	3	Karina Dykstra	2	Lisa Malanka	1G	Meghan Stewart	1G
Torry Brake	3	Jesse Esnard	1G	Katie Morrison	3	Kelly Thompson	2
Petrica Cavar	2	Lianne Gravatis	1G	Megan Muirhead	3	Melissa Tutin	3
Aaryn Clark	1G	Cheryl Heykoop	1G	Sara Stephens	2	Meaghan Van Hooren	1G
Sarah Connelly	3	Karen Kolb	2				

Coach: Stephanie Green  
Assistant: Shelley Painter

## OUA Awards

OUA West Division All-Stars - Megan Muirhead and goaltender, Karina Dykstra  
OUA West Division Most Valuable Defensive Player - Petrica Cavar  
OUA West Division Most Sportsmanlike Player - Megan Van Hooren

## Team Awards

MVP of the Year - Petrica Cavar

## 1999-2000

In semi-final action at the OUA Championships, the Gryphons downed the Toronto Blues 12-10 in overtime. In the championship match, the Gryphons lost a heartbreaker 9-7 to Queen's and took the silver medal. Julie Shields was selected as the OUA West Division Rookie of the Year and team captain, Shelley Painter, received OUA West Outstanding Graduating Player honours. Shields, Katie Morrison and Beth Brady were OUA All Stars.

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Shelley Atkinson	1G	Sarah Connelly	2	Megan Muirhead	2	Kelly Thompson	1G
Carita Bergman	1G	Laura Copeland	1G	Shelley Painter	2	Heather Thomson	2
Elizabeth Brady	2	Karina Dykstra	1G	Bethany Rosa	2	Melissa Tutin	2
Torry Brake	2	Melanie Kennett	1G	Ingrid Savasi	1G	Nicole Vincent	2
Petrica Cavar	1G	Karen Kolb	1G	Julie Shields	1G	Amanda Wetherup	1
Colleen Chisholm	1G	Katie Morrison	2	Sara Stephens	1G		

Coach: Tom Hawke  
Assistant: Stephanie Green  
Trainer: Matt Baker, Genevieve Kutterer

## OUA Awards

OUA West Division All-Stars - Julie Shields, Beth Brady, Katie Morrison

OUA West Division Rookie of the Year - Julie Shields

OUA West Outstanding Graduating Player - Shelley Painter

## Team Awards

MVP of the Year - Katie Morrison

## 1998-1999

The Gryphons seized the bronze in Lacrosse's inaugural season as an OUA sport edging York 7-6, scoring the game winner with only 2 minutes remaining. Goaltender, Stephanie Green, was selected as a West Conference All Star. Danika Van Proosdij was awarded Most Sportsmanlike Player honours in the West Division. Rookie standout, Nicole Vincent, was top scorer in the OUA, recording 18 goals in 6 games. To top things off, skipper, Tom Hawke claimed OUA Coach of the Year.

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Sheila Barney	1G	Carolyn Kinch	1G	Bethany Rosa	1G	Danika Van Proosdij	1
Elizabeth Brady	1G	Kathleen Morrison	1G	Janet Rowat	1G	Nicole Vincent	1G
Torry Brake	1G	Megan Muirhead	1G	Lindsay Stinson	1G		
Sarah Connelly	1G	Shelley Painter	1G	Heather Thomson	1G		
Stephanie Green	1G	Dawn Price	1	Melissa Tutin	1G		

Coach: Tom Hawke  
Assistant: Darcy Bishop  
Trainers: Mark Hunter / Rhondi Thompkins

## OUA Awards

OUA West Division All-Star - Stephanie Green

OUA West Division Most Sportsmanlike Player - Danika Van Proosdij

OUA Coach of the Year - Tom Hawke

## Team Awards

MVP of the Year - Stephanie Green

## 1997-1998

The Women's Lacrosse Team finished their third season of competition with a tough loss in the B Division Championship game. The team is losing many veteran players this year, but with the strong core of young players remaining it looks to be competitive for many seasons to come.

Sheila Barney	Carolyn Connell	Shelley Painter	Lindsay Stinson
Rose Bettis	Erin Dyer	Jill Patrick	Heather Thomson
Heidi Bogner	Stephanie Green	Dawn Price	Danika Van Proosdij
Beth Brady	Denise Hanson	Diane Reimer	Elise Volpe
Krista Broughton	Jenn Jones	Janet Rowat	Amber Wood
Jen Campbell	Carlee Kantautas	April Rutka	Nathalie Woodhouse
Colleen Chisholm	Carolyn Kinch	Debbie Schie	
Jill Clarke	Susan Krajewski	Jane Shearer	
Jenn Clute	Vicky Marrack		

Coaches: Tom Hawke / Darcy Bishop  
Trainers: Bob Horvat / Rhondi Tompkins / Harmony Poirier